

BASEM SPRING MEETING 2008

A conference on the interaction between athletes, surfaces and equipment, looking at injury profiles and performance



How important is it to choose the right footwear in sport?

What exactly are artificial surfaces and can they be a cause of injury?

How much research goes into new surfaces?

The BASEM Spring Meeting 2008 aims to discuss issues not only relating to surface and grip but also around injury and performance when an individual sport changes its playing surface through the year.

Wed 16th - Thursday 17th April, 2008
Burleigh Court Conference Centre,
Loughborough University

GET A GRIP!

It is planned to include the following topics in the programme:-

- **Playing surfaces** - the very latest on the technology behind structures and compositions and how suitable surfaces are matched to the sport
- Artificial playing surfaces and football injuries - the latest data
- **Blades v. Studs**; a cut and thrust debate around footwear and foot injury in Football - including the 'metatarsal problem'
- **Tennis** - does changing the playing surface alter the injury profile?
- **Dance** - The latest news on dance floor and shoe construction and dance injury
- **Cricket** - the hallowed strip, the outfield, the shoe and the injuries
- **Ice Sports** - do the blades matter?
- **Snow Sports** - snow, skis, boards and terrain parks
- **Running** - the surface, the shoes and the running style

Book now: www.basem.co.uk

PROGRAMME	
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BASEM/UK Sport Workshop 15th April, 2008	
Tuesday pm 15th April 08	
13.00	Coffee, tea and registration
13.30 - 17.30	BASEM/UK Sport Workshop for Doctors working with High Performance Athletes Current Issues in Doping and Testing
19.00	BASEM Executive meeting
PROGRAMME	
BASEM Spring Meeting 16th-17th April, 2008	
Wed am 16th April 2008	
09.15 - 09.45	Coffee, tea and registration
09.45 - 09.50	Welcome and introduction
Session One	
09.50 - 10.30	Dr Paul Fleming, Senior Lecturer Dept. of Civil and Building Engineering, Loughborough University Playing Structures, compositions - and 'Sportsurf' - an introduction to 'Sportsurf' and how surfaces are developed and linked with sport -the latest technology
10.30 - 11.10	Dr Sharon Dixon, School of Health and Exercise Sciences, University Exeter Human adaptations to running on different surfaces
11.10 - 11.30	Coffee, tea and visit sponsor stands
11.30 - 12.10	Dr Colin Fuller, University of Nottingham FIFA: Assessing the risk of football injury on new generation artificial turf surfaces
12.10 - 12.50	Dr Bryan English and Dr Charlotte Cowie Blades v. Studs; footwear and foot injury in Football - a 'no holds barred' debate!
12.50 - 13.00	Plenary to morning session
13.00 - 14.00	Lunch and visit sponsors stands
Wed. pm 16th April 2008	
Session Two	
14.00 - 14.40	Dr Babette Pluim, Royal Netherlands Lawn Tennis Association The Epidemiology of Tennis Injuries - an overview of tennis injuries from one of Europe's leading experts
14.40 - 15.20	TBC Tennis - does changing the court surface alter the injury profile?
15.20 - 16.00	Coffee, tea and visit sponsor stands
16.00 - 16.40	Mr Nick Allen, Director, Jerwood Centre for Prevention and Treatment of Dance Injuries, Birmingham and Dr Matthew Wyon, Reader in Performance Sciences, School of Sport, Performing Arts and Leisure, Walsall Dance - the dance floor and shoe construction
16.40 - 17.00	Dr Nick Peirce Cricket - the Hallowed Strip, the outfield, the shoe and the injuries
17.00 - 17.20	Mr Stuart Horsepool, Director of performance - short track speed skating Uce sports - do the blades matter?
17.20 - 17.30	Plenary to afternoon session
17.30	BOA Meeting
19.30	BASEM Spring Dinner - lounge suits Guest speaker / Exhibition Dance
Thursday am 17th April 2008	
Session Three	
09.30 - 10.10	Dr Jane Dunbar Snow types, skis and injuries
10.10 - 10.50	Dr Marc-Herve Binet, Centre Medical Avoriaz Snowboards, wristguards, terrain parks and avoiding injury
10.50 - 11.20	Coffee, tea and visit sponsor stands
11.20 - 12.00	Ms Anne-Marie O'Connor Podiatrist, Chelsea Football Club Running- Football revisited, challenging terrain, footwear and adaptation A podiatric view of the 'blades' debate plus the problems of running on difficult or challenging terrain
12.00 - 12.40	TBC Runners - athletics, the track, the spikes and performance
12.40 - 12.50	Plenary to morning session
12.50 - 13.00	Closing remarks
13.00-14.00	Lunch and visit sponsor stands
14.00	Meeting Ends
14.00	BASEM Research and Congress Committee Meeting

Sportsurf Members
BASEM Spring Meeting 2008
Booking Form

Title:

Surname:

First Name:

Address:

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Email Address:

Contact Telephone No:

Occupation:

Please notify us of any dietary requirements Vegetarian or other:

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BASEM Spring Meeting

Full Delegate (1.5 days, dinner not included)

BASEM Member and Sportsurf Member price **£295**

Day rate Wednesday only (dinner not included)

BASEM Member and Sportsurf Member price **£195**

Day rate Thursday only (dinner not included)

BASEM Member and Sportsurf Member price **£120**

Conference Dinner

£40

Total Sum Paid for Course:

**Please send cheques made payable to "BASEM" - to Katy Jones, BASEM Office
Manager, 15 Hawthorne Avenue, Norton, Doncaster, DN9 9HR.
Tel/Fax: 01302 709342 Email: basemcentral@basem.co.uk**